Appendix 1 - Caroso's Galliard Variations for Laura Suave

The First Variation (first time of doing)

Bouncy Version:

1 Groppo L 1 bar 2 Fioretti LR 2 beats -----. 2 Passi LR fast backward 2 beats |---- 1 bar 2 beats-----1 fast mezza Riverenze L 1 fast mezza Riverenze R 2 beats----, 2 beats-----1 bar 2 Trabucchetti LR 1 Sottopiede L 2 beats------2 Fioretti LR¹ 2 beats----, 2 Passi LR fast backward 2 beats-----1 bar Cadenza ending with the L forward 2 beats------

This occupies one whole turn at galliarding – you have to do it starting right foot on your next turn.

Low Impact Version:

2 Seguiti ordinarii LR slowly, one to each side 2 bars 2 Trabucchetti LR slowly 1 bar 1 Seguito finto L ending in a little bend of the knees as in a mezza Riverenza 1 bar

This occupies one whole turn at galliarding – you have to do it starting right foot on your next turn.

The Second Variation

Bouncy Version:

Then do from the beginning starting with a Zoppetto hopping on the left foot.

Low Impact Version:

2 Doppi alla Francese LR, one to the left and one to the right. 4 bars

¹ The original instructions say "then with the right do two other Fioretti" but 2 Fioretti in a row with the same foot is inconsistent with Caroso's description of this step, and a right Fioretto first would require more movements than there are time for here.